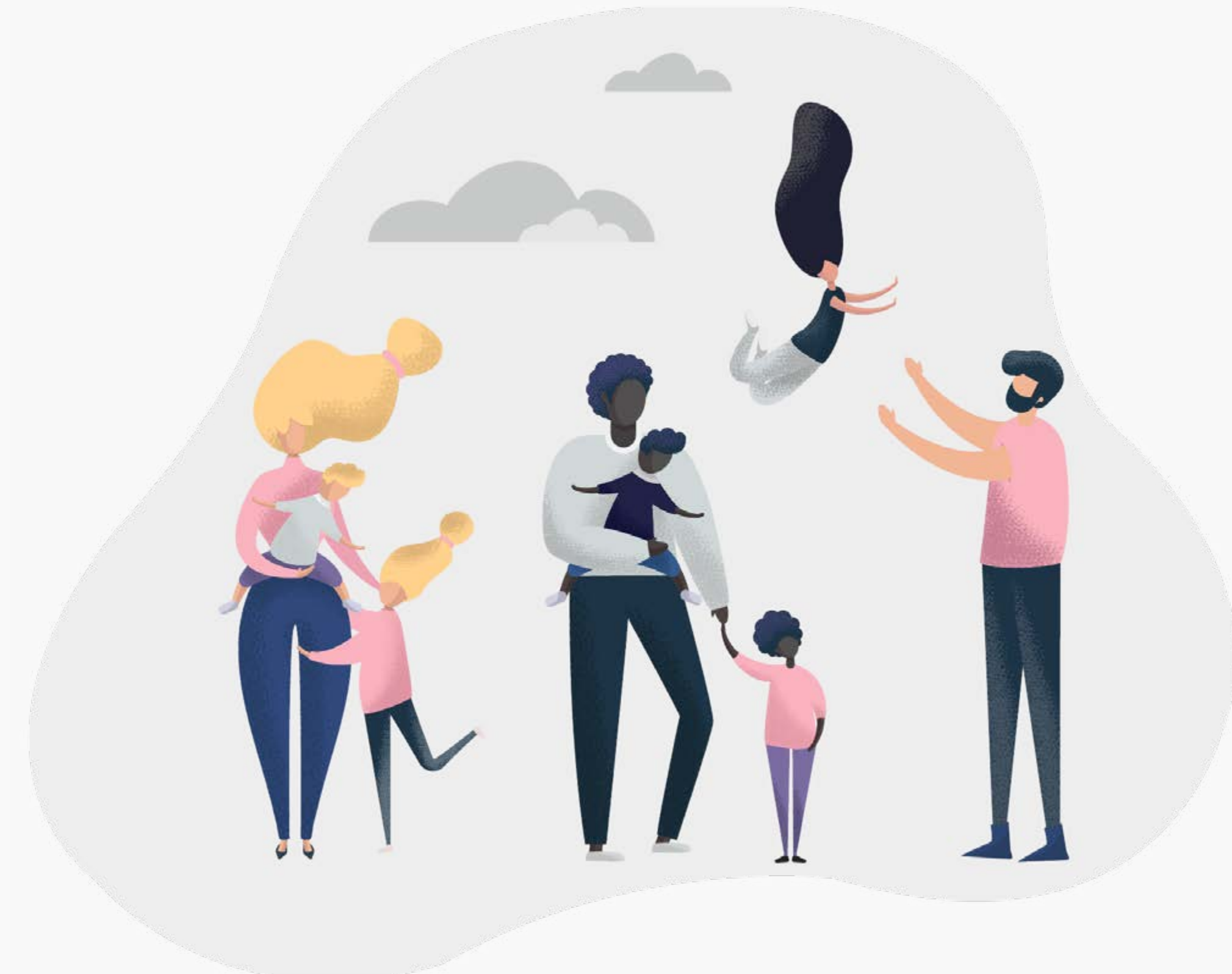


The Challenge...

Single-parent families face a higher risk of dealing with poverty and social exclusion. In 2016, the highest at-risk-of-poverty rate in the EU-28 was recorded for single-parents with dependent children, at more than one third. In particular, women are affected the most, as they make up almost 85% of all single-parent families in the EU.



A few words about parentbank

parentbank – ‘Enhancing the social inclusion of low income single parents’ is an Erasmus + Strategic Partnerships in Adult Education project, financed by the European Commission through A.N.P.C.D.E.F.P.

It has a duration of 2 years (2019-2021)

Project Number: 2019-1-R001-KA204-063798

The project aims at facilitating the labor market integration of low-income single-parents by **promoting their access to childcare and other service** that they may be unable to afford through the time-banking (providing services to one another) and by **developing their skills and entrepreneurial spirit**, which can improve their employment status.



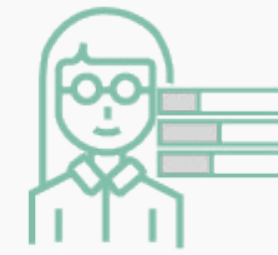
What is timebanking?

Time banking is a reciprocity-based work trading system in which hours are the currency. It is a form of community currency, which enables a person with one skillset to trade hours of work with someone with another skillset, without exchanging money.

OBJECTIVES



To support single parents who are low-skilled/qualified in order to foster their employability



To extend the competences of professionals, who support single parents, in the teaching of numeracy, entrepreneurial and digital skills



To encourage low-skilled/low-qualified single parents to develop and upgrade their literacy, numeracy, digital, entrepreneurship competences



To promote access of low-income single parents to childcare and other services through time-banking, that can support their entry into the labor market or further training



Outputs

A training programme for professionals who support single parents, in the teaching of literacy, numeracy, entrepreneurial and digital skills.

A peer-to-peer outreach strategy to engage more single parents in the time bank system.

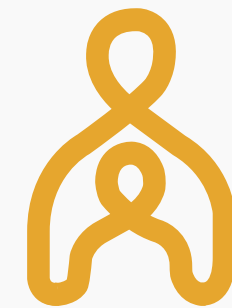
A single parents' online time bank piloted.

A guide for the development of a time-bank business plan and the developed sustainability strategy

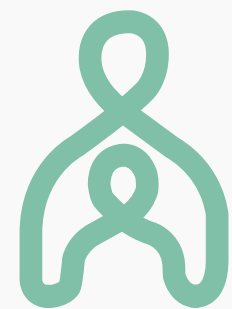
A training programme for the building of literacy, numeracy, digital competences, sense of initiative, and entrepreneurial skills of low-skilled single parents.



How to be part of parentbank...



If you are a single parent in a vulnerable situation, contact us in order to participate in the 25-hour training program, to increase your digital competences, sense of initiative, and entrepreneurial skills.



If you are a practitioner, contact us in order to participate in the 12-hour capacity building seminars, to enhance your abilities for supporting building up literacy, numeracy, entrepreneurial and digital skills in single parents.



Project Partners

Asociatia Habilitas – Centru de
Resurse si Formare Profesionala
CONTACT: Ioana Caciula

KMOP – Social Action and
Innovation Centre
CONTACT: Dr. Antonia Torrens

SIF - Social Innovation Fund
CONTACT: Zivile Vasiliauske

Asociacion Caminos
CONTACT: Christie Scott Hands

Step by Step – Parents' Association
CONTACT: Kristijan Oreskovic

Know and Can Association
CONTACT: Romyana Shalamanova
Ani Dimitrova

For more information, please visit the project **website** and the project **Facebook page**.



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